



Coping With Difficult People (Paperback)

By Robert M. Bramson

Bantam Doubleday Dell Publishing Group Inc, United States, 1999. Paperback. Condition: New. Reissue. Language: English . Brand New Book. We ve encountered them: the bullies, the wet blankets, the yea-sayers that never come through. More often than not, we re left fumbling for words, stumbling toward the door.frustrated, enraged or just plain depressed. Dr. Robert M. Bramson, a psychologist and management consultant, will show you that it is possible to remain sane, dignified and optimistic when dealing with even the most Difficult People. With these lively, insightful dramatizations, you ll learn how to: Identify difficult types, from the too-good-to-be-true to the too-hot-to-handle, from the perennial gossip to the eternal clam. Master the step-by-step procedures that will neutralize any negative or hostile encounter. Understand your own style of thinking and how it affects your ability to deal effectively with each type. Maybe you can t turn Gloomy Gus into Pollyanna. .but with the help of Dr. Bramson, you ll prevent the difficult from becoming impossible---and end relation frustrations for good!.



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Reviews

Basically no phrases to clarify. It really is rally fascinating through reading time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Anabel Zmlak**

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