

Keto Slow Cooker Cookbook: Top 36 Easy Healthy Ketogenic Slow Cooker Recipes for Rapid Weight Loss (Paperback)



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Reviews

*Very useful to all of group of folks. I could possibly comprehended every little thing using this created e book. You wont truly feel monotony at anytime of your time (that's what catalogs are for concerning in the event you ask me).
(Claire Carroll DVM)*

KETO SLOW COOKER COOKBOOK: TOP 36 EASY HEALTHY KETOGENIC SLOW COOKER RECIPES FOR RAPID WEIGHT LOSS (PAPERBACK)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Is slow cooker (Crock Pot) your favorite kitchen gadget? Are you already on a keto diet or just going to start? Excellent! This book is intended for people who follow a healthy low-carb lifestyle. In this book, you will find only the best, hand-selected low-carb recipes that will allow you to maintain the state of ketosis and rapidly lose weight. Our recipes really work! It's approved. Advantages of this book: We carefully selected for you only the best-proven recipes. All recipes are really healthy and low-carb. In the recipes, there are no foods to avoid on a ketogenic diet. All recipes have colorful photos of cooked dishes. All recipes have clear and well-defined instructions. It's really delicious! Enjoy excellent taste! Stop now. We often hurry. But in the kitchen, we do not need haste. A person who does not hurry manages to get everywhere. When it comes to cooking, the kitchen technique such as a slow cooker, become your reliable assistant. While you work, sports or sleep, it will prepare for you a delicious breakfast, lunch or dinner. Your meals will be flavourful, comforting and stress-free. Slow cooker, also known as a Crock Pot give you healthy no-fuss cooking. Slow cooker perfect for your ketogenic diet, it's a way to better health! After reading this book, you will learn about: Health benefits of the ketogenic diet; Keto food: what to eat and avoid on a ketogenic diet; Reasons to use a slow cooker for your ketogenic diet. Here are another 36 reasons for you to buy this book: 5 Best Keto Breakfasts, such as Keto Breakfast Casserole Mexican Style; 5 Best Keto Snacks, such as Low-Carb Homemade Granola; 5...



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